



# 4-H RABBIT PROJECT



## WHAT IS THE RABBIT PROJECT?

The rabbit project teaches proper methods to care for rabbits as well as raising, breeding and marketing rabbits effectively. Rabbit projects include meat pens (terminal market production), breeding rabbits (breeding and raising rabbits desired for specific characteristics), and hobby or pet rabbits (used for companionship). The 4-H rabbit project is a livestock format that is accessible to both urban and rural 4-H'ers.

### OBJECTIVES

- Develop life skills essential for becoming a skilled, productive and responsible citizen.
- Cultivate skills and interests that can assist in future career preparation.
- Develop quality leadership skills that promote positive youth development.
- Learn to value and apply ethical, industry-accepted practices and research findings in specific project areas.

### VOLUNTEER OPPORTUNITIES

- 4-H rabbit club leader
- Hosting and assisting with clinics
- Hosting and assisting with shows

### RESOURCES

- National 4-H Curricula:
- Rabbit – Group Activity Helper's Guide
- Rabbit 1 – What's Hopping?
- Rabbit 2 – Making Tracks
- Rabbit 3 – All Ears [www.n4hccs.org](http://www.n4hccs.org)
- American Rabbit Breeders Association [www.arba.net](http://www.arba.net)

### PROJECT OPPORTUNITIES

- Rabbit exhibition
- Rabbit premier exhibitor
- Agricultural demonstration speeches

### CAREER OPPORTUNITIES

- Rabbit breeder
- Show judge
- Veterinarian
- Feed and nutrition sales
- Pharmaceutical sales
- Research scientist
- Animal welfare specialist

## LIFE SKILLS DEVELOPED THROUGH 4-H RABBIT PROJECT

### HEAD

- Managing*
- Goal setting
- Keeping records
- Wise use of resources

### HEAD

- Thinking*
- Critical thinking
- Decision making
- Problem solving
- Learning to learn
- Service learning

### HEART

- Caring*
- Empathy
- Nurturing
- Relationship building

### HEART

- Relating*
- Communication
- Cooperation
- Social skills

### HANDS

- Giving*
- Community service
- Volunteering
- Leadership
- Responsibility

### HANDS

- Working*
- Marketable skills
- Self-motivation

### HEALTH

- Living*
- Healthy lifestyle choices
- Stress management
- Disease prevention
- Personal safety

### HEALTH

- Being*
- Self esteem
- Self-responsibility
- Character
- Managing feelings
- Self-discipline

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For more information about this project, or 4-H in general, contact your local parish LSU AgCenter Office or visit the Louisiana 4-H website: [www.LSUAgCenter.com/4H](http://www.LSUAgCenter.com/4H)

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